

# Resources and Ideas from SCA Prevention Networking Session

## 10/21/20

Outlined below are the activities, tools, ideas and resources shared.

### Education/Presentations/Information Dissemination

- Will be implementing [Project Towards No Drug Abuse](#) virtually. Program developer is willing to provide support (e.g. send game board, assist with google forms).
- Distributing suicide prevention bracelets (message: your life matters, you are special). Created video to accompany the bracelets.
- Shared information with families by partnering with school cafeteria staff as they distribute meals. Also created a virtual parent/guardian program sharing information about the Too Good for Drugs program and sharing some lessons with parents that they can use at home with their children.
- Working on stigma reduction campaign, utilizing much more social media.
- Established partnership with Devereux Center for Effective Schools who translating Too Good for Drugs lessons to virtual format (e.g. putting games in online format, creating workbooks in fillable PDF). Will look into whether what they create can be shared with other SCAs/providers.
- Have various prevention lessons on different topics (e.g. Positive Action, ATOD lessons, Wanna Bet) available from 3-6 pm that youth can join.
- Dauphin SCA has updated their Interrupted curricula (Underage Drinking and Marijuana complete, Tobacco updates to include vaping should be done soon). If you need updated curriculum or have any questions, please contact Dionne Baylor ([dbaylor@dauphinc.org](mailto:dbaylor@dauphinc.org)).

### Training/Community Events/Other Events or Activities

- Held successful town hall event virtually with 50 participants. Sparked new partnerships with some schools who attended to start evidence-based programming. Also had Human Services Director send email to superintendents which resulted in some new schools reaching out about services.
- Holding virtual 5K. Have over 130 registrants (more than last in-person 5K). Going very well.
- Have hero campaign to hold up heroes in the community.
- Holding town hall meeting, "An Epidemic within a Pandemic", on 10/22 at 6:30 with special guests from DEA. More info here: <https://www.shalominc.org/>.
- Holding town hall meeting, "Covid, Cocaine, and Cannabis", on 11/6. Dale Quigley with HIDTA will present. Register here: [https://us02web.zoom.us/webinar/register/WN\\_CXsvbO4PRj2Eeu\\_CL5ayhw](https://us02web.zoom.us/webinar/register/WN_CXsvbO4PRj2Eeu_CL5ayhw)
- Local CTC is kicking off Game Changers Youth Coalition. Have whole evening planned in include Zoom scavenger hunt and looking at PAYS data and selecting priority risk factor they feel as youth they can impact and focus on for this year.
- Held suicide prevention trainings. Can see recording of presentation from Matt Wintersteen here: <https://www.facebook.com/JFCSPhillly/> (see video "Helping Teens in Distress")
- Holding Red Ribbon Week Trunk or Treat event. Each car has a theme related to being drug free. Will have prevention activities as well.
- Asking community members to decorate their door as part of Red Ribbon Week. Then will vote for winning door on Facebook. See details here: <https://www.facebook.com/holcombprevention/>
- Working with A Hero in the Fight to spotlight people in recovery and people who work in drug & alcohol field to promote recovery is possible.

- Provided naloxone training to case managers and other SCA staff. May also offer training to county human services staff.
- Holding holiday campaign poster contest. Have monthly prevention themes. Winning posters will go on billboards throughout the county.
- ADAC Youth & Family Services is announcing their "ADAC @ Home" program. For programs and events, visit: <https://linktr.ee/adacphilly>. Programs will include: Wellness Wednesdays, Feel Good Fridays, and prevention education (via virtual programming and distribution of digital materials), all of which are designed to engage youth and the community in positive ways and provide them the tools to make healthy choices.

### **Student Assistance Program**

- Working with diocese to set-up Student Assistance Program teams in every diocese elementary school. Also working to revise policies that include SAP process. Working with public schools as well to look at vaping and possibly treating vaping devices as paraphernalia. Looking for any sample robust policies that other schools may already have. American Lung Association sample policy [here](#).

### **Resources for Analyzing Pre/Post Tests**

- Remark (can require a lot of resources/dedication)
- Purchased technical assistance plan with Remark, so able to have Remark take surveys and create fillable PDFs for providers.
- Survey Monkey / Survey Gizmo (especially while services are virtual/online)
- Contract out to [West Ed](#) to do analysis and reporting of evaluation data.
- Having a system built through a local IT provider.
- Use a mix of Remark and SPSS along with google forms for digitized surveys for the virtual classes.

### **Training Needs**

- Would be helpful to have training on using Zoom, Google Meet, etc.
  - A number of people provided tips for remote/virtual program delivery (including tips for using Zoom). You can find those tips and lessons learned in this [OneDrive document](#).

### **DDAP Training/Updates**

- SCAs can request on-site trainings if there are required trainings that staff need. Ethics in Prevention can be provided virtually. If need virtual option for other trainings, reach out to DDAP Training Section to ask if possible.

### **CPA Updates**

- Presentation, "The Prevention & Public Health Push Against Big Marijuana," by Dr. Aaron Weiner will be held on 10/29 at 9. Register here: <https://commonwealthpreventionalliance.org/prevention-resources/marijuana-specific-resources/>
- To assist with advocacy efforts CPA will be recording 4-5 five-minute videos on topics such as below. Videos can be used to advocate/educate and will be accompanied by talking points.
  - Potency of THC
  - Youth Use
  - ED data related to drugged driving