

Resources and Ideas from SCA Prevention Networking Session

6/5/20

Outlined below are the activities, tools, ideas and resources shared.

Information Dissemination Activities

- Working on possible positive messaging (flyers/handouts) to try to change perception of norms.
- Helping with several food/lunch distribution programs. Including brochures and other information in bags with food.
- Bucks County Area Agency on Aging is putting together COVID Care Packages to be delivered to 1,000 older adults. Packages will include resources on getting help for depression/anxiety, safe medication disposal, medication safety, gambling awareness and food distribution along with masks and hand sanitizer.
- Planning virtual health fair. Providers will be able to upload a video with info about their agency and where to go for help.

Education/Presentations

- CATCH My Breath – Recorded lessons and health/PE teachers delivered program (went well).
- SFP 10-14
 - Can provide virtually, but should reach out to Cathy Hockaday at Iowa State for her guidance and involvement. Cathy has been involved in virtual delivery of group in Johnstown (youth and parents met on different nights).
 - Preference is that facilitator training occur in-person. Can reach out to Geneen Burris at EPIS if questions about training options.
 - Re-cert training can be done virtually.

Training/Community Events/Other Events or Activities

- Planning September recovery celebration. Possibly in-person with smaller groups or virtual via Zoom with break out rooms.
- Planning a town hall meeting to address underage drinking and to give positive strategies to parents to keep their children safe and alcohol-free - working through the challenge of offering virtually and in person. Considering how could do it virtually (e.g. via local cable, Zoom).
 - Helpful tips if doing via Zoom: assign someone to manage chat, speakers can each identify a question they want to address, can be helpful to have someone tech savvy to manage all technical pieces like muting/unmuting, letting people in, etc. (so speakers/facilitators can focus on presenting)
- Sponsoring a training at Keystone College on exploring current drug trends (will limit to 20 people).
- Plan to contact local municipalities and law enforcement to request their latest data while also providing our law enforcement sector an “assignment” to engage more municipalities in the coalition. Also considering doing virtual listening sessions on certain topics.
- Project Sticker Shock and Sheetz Update – Becky at Blair Drug & Alcohol Partnerships cannot share her Sheetz contact, but will meet with him next week and ask about possibility of Sheetz in other counties partnering to do Project Sticker Shock.

Summer Camp/Summer Activities

- COCA Camp Challenge – Booklet with 5 topics (includes activities to do with parents) that will go to rec centers, etc. to give to youth they work with. Partnering with organizations that already have youth engaged.
- Holding a virtual summer camp for Philly families. All enrolled families will receive an activity kit full of fun, engaging and educational activities. There will be online lessons and activities, as well. More info on IG AND FB @adacphilly.
- Planning to conduct Project Sticker Shock in summer when county goes green to target location where more underage drinking in the summer.

Training Needs

- Training on how to use many of the various technology options, platforms, etc.
 - CPA is working on video with BOOM Creative on this topic.
 - Local business schools or other colleges may be willing to partner to help with this or offer training, lunch and learn, etc.

Planning for Fall

- Working on getting the Signs of Suicide program into all districts after PAYS data showed schools have some increase depression/suicide needs.
- Trying to assess what services currently doing that should continue in fall/ongoing. Some services have had more involvement/engagement/participation in virtual format.
- Focused on deliberate planning (avoid doing something for sake of doing something).
- Working on planning/contracting. Trying to plan diversely so can maximize the reach to as many classes and schools as possible.
- Current PDE guidance for school reopening is [here](#). Website indicates more guidance will be forthcoming.
- A trauma-informed care approach and trainings will be especially helpful as navigate the current climate in PA and the U.S. and needs of our youth.

PAYS

- Analyzing PAYS data and working with schools to present/share their data.
- Working with coalition on analysis of the 2019 PAYS data. Especially interested in the new questions/data concerning sleep. The summer presents a good opportunity to analyze the data and consider ideas and efforts to address needs.
- Working on creating PAYS PowerPoint presentations for school districts.
- PAYS Guide and other resources for analyzing and presenting PAYS data can be found here – <http://www.episcenter.psu.edu/paysguide>.

Software/Online Platforms

- Options for collecting pre/post tests for educational programs done via Zoom (ideally option can imbed that doesn't require youth to go to separate website)?
 - SurveyMonkey
 - Survey Gizmo
 - Kahoot