

Resources and Ideas from SCA Prevention Networking Session

7/28/20

Outlined below are the activities, tools, ideas and resources shared.

Information Dissemination Activities

- Disseminating activity bags for older adults with info on problem gambling, drug disposal pouches, puzzles, etc. Deliver with Meals on Wheels.
- For summer programs create 1800 folders per week with lesson, letter to parents and other resources that go to schools and youth organizations.

Education/Presentations

- Implementing Too Good for Drugs and Botvin LifeSkills Training with Boys and Girls Club. Also doing programs on life skills and ATOD topics for YMCA, Civic Center, and program for students going into 9th grade. Some done live and some done virtually (in some locations virtual presentation to room of youth viewing on TV screen).
- Transition for teens summer group that has three virtual sessions for middle and high school group. School District requested the program.
- Schools have reached out to request having teachers trained in Botvin LifeSkills Training. Will have teachers at all public schools trained. Meeting with dioceses about having their teachers trained.
- Using Positive Action virtually with summer program. Do mental health check-in, intro topic and then have discussion. Youth were recruited by contacting families/students who previously participated in after school program. Offering incentives, if sign into all four sessions each week, then get gift card.
- Too Good for Drugs (TGFD)
 - Mendez has compiled resources and guidance for adaptation of the Too Good lessons.
 - Student Workbooks will be made available for online viewing.
 - See website for updates and other information on remote implementation:
<https://toogoodprograms.org/pages/remote-learning-resources>
- How are activities/games being done for TGFD?
 - More guidance may be coming from Mendez on this.
 - With some activities such as decision game have them clap or thumbs up for decision. Also put prompt on screen and then use chat for answers.
 - Kahoot may be option for doing games.
- LifeSkills Training
 - Reached out to Craig Zettle for implementation advice.
 - Have created version of middle school level 1 to do virtually. Includes game, Galaxia, that can be used, but cost for game is \$950 per teacher. Still working on Level 2 and 3 virtual versions.
 - Will be providing PDFs with workbooks purchased.
 - See website for more info on remote options and webinars with implementation options:
<https://www.lifeskillstraining.com/remote/>

- Experience with Project Northland
 - Use with grades 6 and 7. Have used for many years. Have found 8th grade version to be more intensive and requires more from teachers, so harder to implement. Students and schools respond very well to program.

Training/Community Events/Other Events or Activities

- Westmoreland Drug & Alcohol Commission holding problem gambling conference on August 26th via Zoom. Open to others across the state to attend. Register here: <https://files.constantcontact.com/caa1d2f5601/5a189f95-bb9a-407e-b610-25d94e13c91a.pdf>
- Planning prevention conference for Sept 25th that hoping can be both in person and virtual.

Collecting Pre/Post Tests for Virtual Groups

- Sending/sharing links for pre/post in SurveyMonkey.
- Use quiz through Kahoot.
- Considered using Google form.

Planning for Fall/School Plans

- Some schools may let outside agencies in, but others may not.
 - Reached out to each building administrator about this and was told that SAP would be considered essential by those schools and could come into building for SAP, but unknown if ok for other prevention services.
 - Trying to set-up meetings with school administrators in early August. Some have indicated visitors will be separated into essential and non-essential and prevention services were considered non-essential (hoping to move to essential list).
- Consider reaching out to school social workers to help engage youth (can be better contact than school administrator).
- Consider reaching out to health and physical education teachers as potential champions for getting into the school. They may have more on their plate than normal with hybrid and virtual learning so may be open to having others who can help implement lessons on ATOD related or other topics.

SAP

- If SAP liaisons are working remotely at any point and are interested in joining statewide Cyber SAP District Council to network/learn from cyber schools who have been implementing SAP virtually for some time-they can email info@compassmark.org and request to be added to the next meeting invitation.
- Purchased subscription for schools to use aSAP as two schools who were using reported very useful in doing SAP virtually.
- BH Works
 - Several shared they are using BH Works (Fayette SCA, Venango SCA, Merakey, Carson Valley Children's Aid).
 - Have used tool face to face with tablet and virtually. Plan to expand virtual communication with parents as well.
 - Used virtually in the Spring and went very well.

Other

- How handling hiring prevention staff during this time?
 - Have hiring freeze.
 - Hired someone with experience with social media which has been helpful.

CPA Training

- Certificates for CPA conference are coming later this week.
- Tech It or Leave It – Introductory video on using tech/creating videos. Will be complete and shared soon.
 - Follow-up live Q &A with BOOM and CPA to be held on 8/11 from 11:00 – 11:30. Register for the Q&A session here: <https://www.surveymonkey.com/r/CPAtechnology>