

Resources and Ideas from SCA Prevention Networking Session

4/9/20

Outlined below are the activities, tools, ideas and resources shared.

Physical Information Dissemination Activities

- Initiation or continuation of distribution of packets, activity bags, other resources to students via school lunch or other material pickup.
 - Rotating who is in the office or sending only one person to office to make copies and assemble packets/bags.
 - Drop boxes off at the school, so parents can pick up or have put in car along with lunch.
 - Activity bags include things such as variety of coloring pages (elementary and adult), local resources, gambling resource pages, fun worksheets, crayons and pencils.
 - Packets include things such as information for families and youth on ATOD/Gambling/PA Stop/Coping Skills. Activities on ATOD/Gambling/Coping are also provided for the youth for various ages.
- Provide food banks with information on safe prescription drug storage/disposal.
- Disseminating activity bags and information on healthy coping tips and ATOD to senior living facilities.

Online Information Dissemination Activities

- Create videos to share on website, social media, or provide to schools (or school counselors) to share with students.
- Create videos with activities to share on social media.
- [Natural High](#) has free distance learning playlist with videos, discussion questions and activities – can share on social media.
- Hold poster contest (could also consider TikTok video contest). Examples:
 - Online gaming themed poster contest – Put contest guidelines on website and give out with school lunch distribution. Can involve media.
 - Running a coloring and a poster contest for National Drug Facts Week.
- Consider press releases for projects/activities as media may be showing an interest in sharing/covering this type of information.
- Disseminate messaging related to safely securing alcohol and medications in the home.
- Developed hope messages in which staff have shared personal messages to public. Facebook page has had more views and shares since began these personalized messages. Have had community members and prevention/treatment providers reaching out to share their messages.

Online Education/Training

- Implement [Operation Prevention](#) – already has online modules
 - Also created PowerPoint with voiceover for teachers to use in addition to online modules. Sending lessons to schools/teachers daily or weekly.
- Several SCAs/providers are preparing to implement EBPs such as Too Good for Drugs and Project Towards No Drug Abuse in upcoming weeks.
- Recording lessons of TGFD and other mini-lessons to put on YouTube channel and to provide to schools to put on their Google Classroom (or other platform being used by school).
- Using Too Good at home worksheets - <https://toogoodprograms.org/pages/out-of-school-activities-1>

- Record lessons with video of PowerPoint and voiceover.
- [EVERFI](#) has variety of online educational programs (e.g. [Prescription Drug Safety](#); [Mental Wellness Basics](#))
 - EVERFI also has some free digital courses available. If purchase the license, are able to have training for schools and EVERFI will track data and provide an impact report for all school districts who are using (which can help to keep track of how many students are participating and pre and posttest results).
- Offer lesson/curriculum options that can be used by schools for health curriculum.
- Be A Part of the Conversation is holding an [Online Conversation Series](#)
- Strengthening Families Program for Parents & Youth 10-14 - Still waiting for resources (e.g. weekly summary sheets to share with families) from program developer. In the meantime, calling families to check in and stay connected.
- SFP 7-17 Home Use DVD now has online version for parents/families: <http://strengtheningfamiliesfoundation.org/purchase-dvd/>

Warm Lines and Support Groups

- Several counties have developed warm lines. May need to make youth more aware of these warm lines.
- DHS has launched new statewide [Support & Referral Helpline](#)
- Youth MOVE PA Virtual Drop-in Meetings for Youth: <https://www.facebook.com/events/689361308476333/>
- Can promote various parent support helplines.
- Be A Part of the Conversation in Bucks County is offering [Parent Partnership virtual meetings](#).

SAP

- Reaching out to students via email to say available if need anything and provide resources if they respond.
 - Could consider questionnaire to find out what specific needs they may have.
- Using telehealth to continue providing assessments.
- Using BH-Works to continue screening. Can purchase telehealth module from mdlogix or will allow you to generate link to tool and then can do screening on another platform such as Zoom.
- Options to do screening/assessment via telehealth or other virtual option could be useful after schools are back open to connect with harder to reach students.
- Utilizing phone screening with verbal consents (documented on the paper consent).
- When considering platform for screening/assessment check if platform is encrypted, HIPAA compliant and FERPA compliant. Also good idea to get agency's legal counsel input/approval on what plan to do/use.
 - Important to check security options for platform using or will purchase to avoid issues such as Zoombombing.
- Offer online SAP maintenance training.
- Some school SAP teams are meeting virtually.
- How are staff continuing SAP prevention education sessions that they already had started with a student in their school before they were shut down?
 - Reaching out to the students individually and continuing to follow up with them.
 - Holding SAP groups virtually on platform such as Zoom or Google Hangout/Meet.

- Created PowerPoint slides for the lessons did not get to finish in each grade for each school. The school sends out the link to the slides for each child. Have included little quizzes, humorous video clips, and critical thinking questions in the slides to make it a little more entertaining and fun for the students.

Other SAP Updates

- While PDE 4092 report is still due 6/30 schools can complete after that date. DDAP will reach out to PDE to ask about whether a communication could be shared with schools that officially states it would be okay if school cannot complete reporting by 6/30.
- Another SAP Liaison networking meeting is being planned. Notes from prior meeting should be going out soon.
- DDAP/DHS hope to be able to share a document soon that lists questions to consider when exploring option of doing screening/assessment virtually.

Other

- Partner with pharmacies to provide them with drug disposal/deactivation pouches to give out.
- Work with existing youth groups on healthy coping and peer outreach (could create/share video/photo of what they are doing to stay healthy).
- Look at data/needs through lens of COVID-19 situation as it may change current priorities/areas of focus (e.g. access to alcohol at home more of a concern than retail access).

WITS Data Entry

- If service that would have been provided in-person is provided virtually, it can still be entered into WITS the same way (e.g. virtual presentation is still INF08 and virtual training is still CBP02).
- SCAs who want to be able to track services provided virtually or new activities provided due to COVID-19, could consider creating another version of a program in their plan in WITS with a customized program name such as COVID-19 or online. For example, could create new version of TGFD where customized name is COVID-19 Online.