

This is a
learning space,
not a space of
judgement...

*we ask that everyone
grant us a little bit of
trust and that you grant
that same trust to one
another in the room.*

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Doing what works
in Adams County

FOR YOUTH

Lessons in Prevention

20+ Years and Going Strong

Representation, Prevention Science, Linguistic and Cultural Responsiveness,
and Youth Driven Engagement

(i.e. How we made it through COVID - Trust the Science)

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Who We Are...

- **CFYCD Staff Members**
- Andrea Dolges, Executive Director
- Samiah Slusser, Associate Director
- Griseydi Casteneda, Mobilizer – la Comunidad
- Nate Sterner, Youth Coalition Director
- Marvin Butts, Youth Coalition Coordinator

- **Youth Coalition Executive Board Members**
- Maia Niedererr
- Ashley Rodriguez
- Erin Laird

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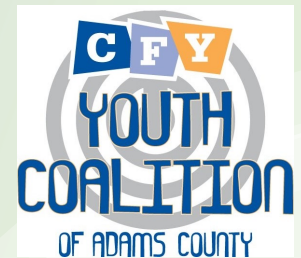
Our History: Collaborating For Youth

- **2001** - Collaborating for Youth (CFY) Coalition was formed
- **2003-2005** - Drug Free Communities Coalition (DFC) designation under the management of **SAMHSA**.
- **2007** - **Center for Youth & Community Development (CFYCD)** was established as the nonprofit home for CFY. First county-wide **Pennsylvania Youth Survey**.
- **2009** - the **CFY Youth Coalition** was established.
- **2010** - CFYCD became the provider for a CFY partnership evidence-based program, **Strengthening Families**.
- **2015** – SFP expanded to reach the Spanish language population through **Familias Fuertes**.
- **2018** - **Century 21 Afterschool Programs**
- **2020** - **Strategic Prevention Framework (SPF)**
- **2022** - **la Comunidad**
- **2023** – **LGBTQIA+ Youth Initiative**

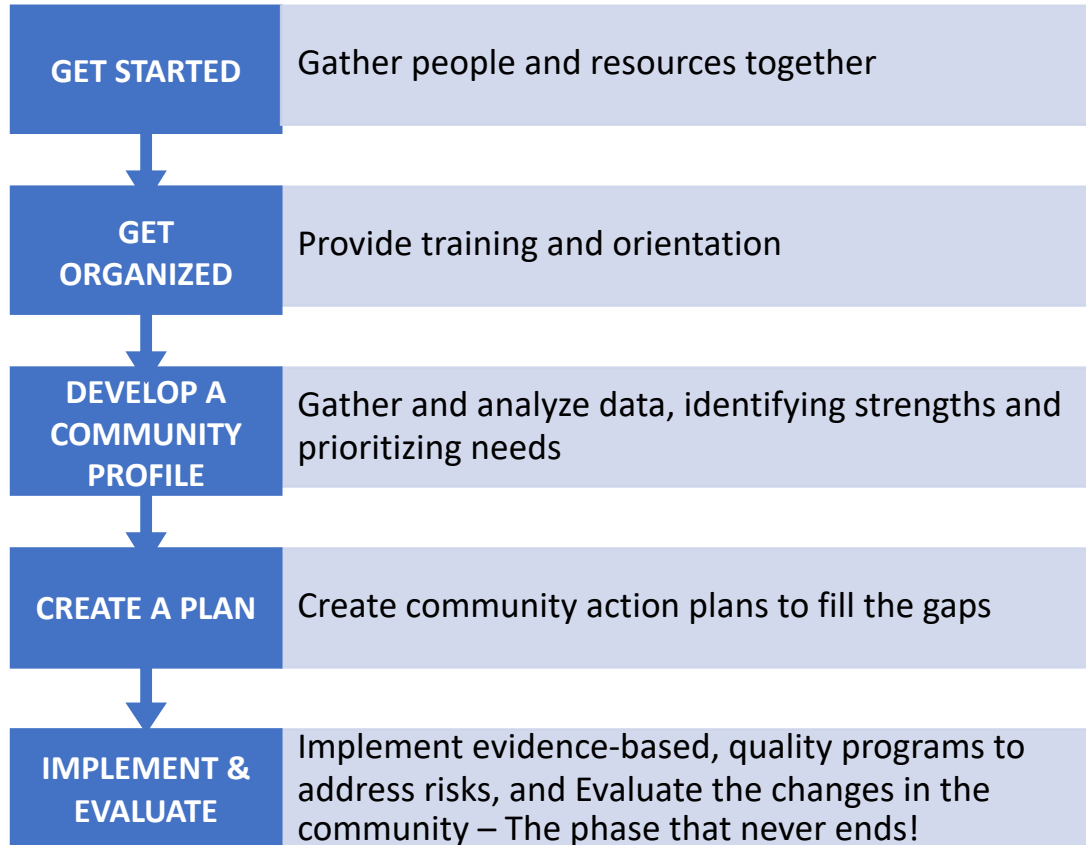
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We do things that work: Communities That Care



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Integrated Children's Services Planning

- In 2009 the Pennsylvania Department of Public Welfare began **an initiative** within the county categorical agencies in the primary goal of **bringing together all resources serving children and families.**
- A **comprehensive approach** to serving children, birth to 21 years of age, through programs focusing on long-term prevention, early intervention, services that support family stability, child safety, community protection and healthy child development.
- Prevention services in Adams County are based on **priorities determined through community assessments**, leading to healthier young people within safer families and communities.

Collaborating For Youth is committed to the vision of a fully integrated service system whereby one can enter the system through any door and obtain the services that they may need or want, in an integrated fashion.

Drug Free Communities - 10 Years

- Collaborating For Youth became one of only 700 coalitions across the nation to be a federally designated **Drug Free Communities** Coalition by the Office of National Drug Control Policy.
- DFC **establishes and strengthens** collaboration among communities to prevent and reduce substance use among youth.
- DFC **reduces substance use among youth** and, over time, reduces substance use among adults.
- What have we learned? **Strong communities provide an environment for positive youth development.**



Building positive community messages that reduce risky behaviors...

CFY conducts several campaigns along with other activities aimed at changing community norms, attitudes and behaviors, and reducing availability, forming the core CFY targeted strategies for reducing youth substance abuse.

Founding Executive Director:

Sharron Michels, 2001-2018

Present Executive Director:

Andrea Dolges, 2018 – present

Keys to Success

- Content Expertise / Training
- Institutional Knowledge
- Flexibility for Change and Growth
- Succession Planning Starts from Day 1
(Just Like Sustainability)

Leadership Change

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Finding New Footing

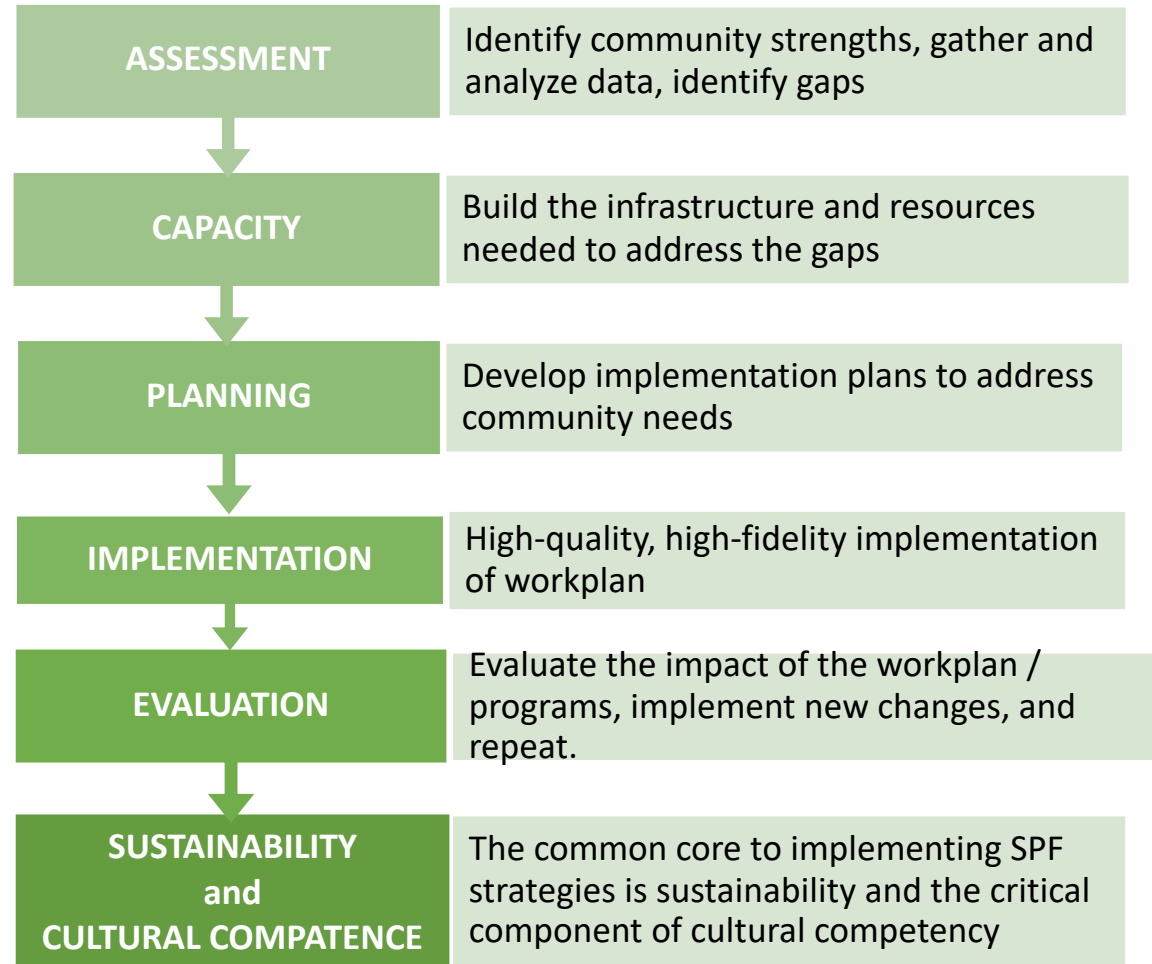
- **Adopting New Principles**—strategic planning with a 5-year gap (*post DFC funding*)
- **Go Big or Go Home**
- **Who are We** in the Greater Scheme of Things? “Prevention is for Everyone!”

Hey, It's a Pandemic!



- Zoom in Rural Communities
 - Helping families access internet and Zoom
 - Thriving Afterschool program
 - Virtual Family Friday Paint Night
- Relationships Matter
 - School Districts
 - Parents/Guardians
 - Students/youth
 - Staff

Strategic Prevention Framework



Cultural Competence within the Framework

Cultural competence is a critical and ongoing component of the **Strategic Prevention Framework (SPF)**.

*Our goal is to encourage representatives from the all communities to provide **voice and power** in substance misuse prevention for their own communities.*

Hispanic Community: la Comunidad

- Initial meetings began in November 2020.
- Focus groups took place between January and July of 2021.
- In July 2021, Key Leaders began working together to learn and implement the community prevention process, as well as assessing available resources offering programs and services in Spanish.
- In June of 2022, the members of la Comunidad chose a logo to represent the group
- Members of la Comunidad are engaged in various prevention activities and events offered through CFY and are learning more about prevention science, and how the “Communities That Care” process helps us to make a positive impact in our communities.



Prevention is
for Everyone,
But Everyone
is not the
Same in...

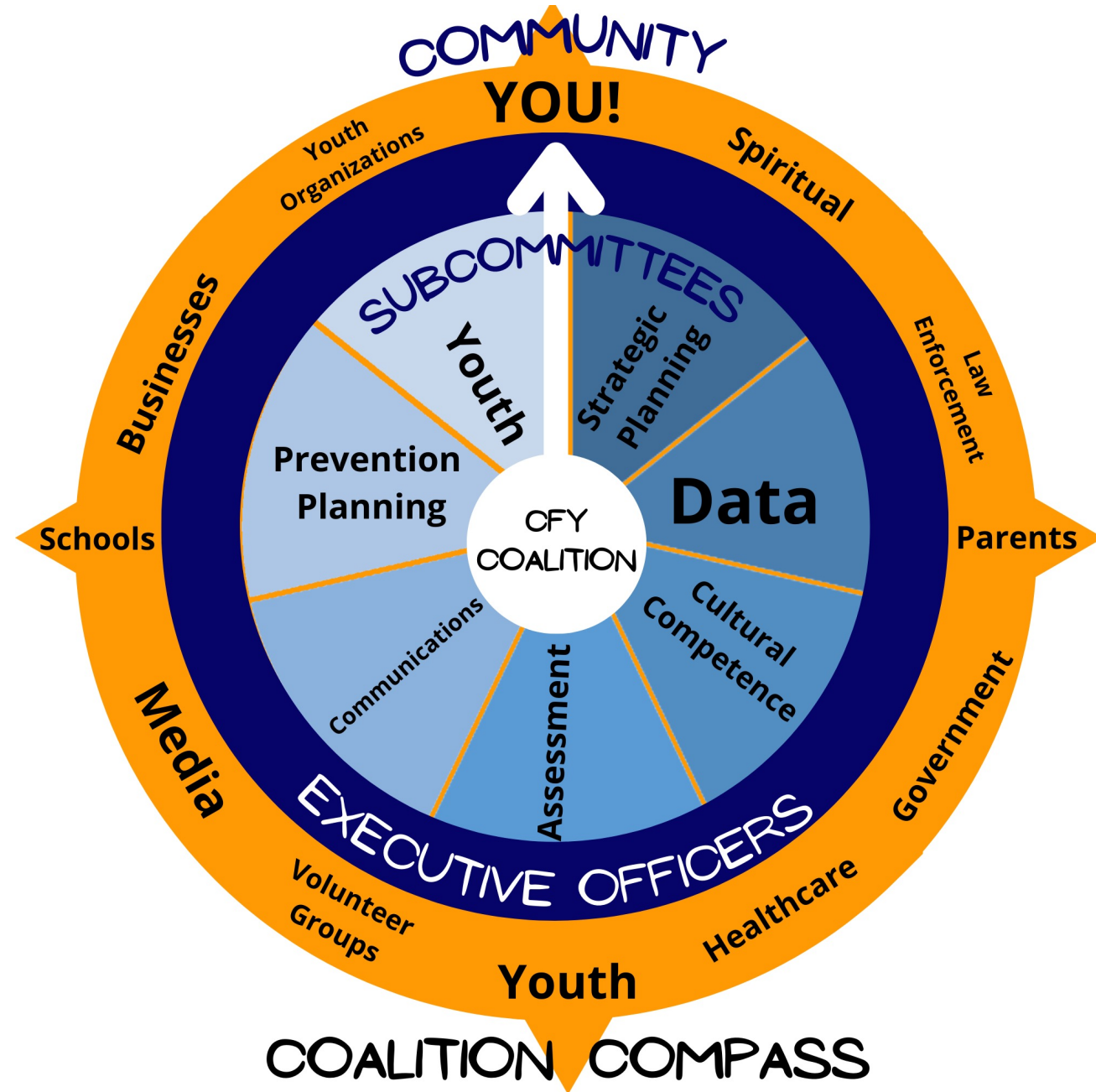
HOW WE THINK

HOW WE LEARN

**HOW WE MAKE MEANING
OF EXPERIENCES**

The wheel of Prevention...

a Native Peoples
thought process tool



Recent Training, Supports and Expertise

TRAINING

- **Ally Training**
Phacelia Cramer, Community Advocate
- **CTC Plus**
Washington University
- **Dialogue Action Circles**
Craig Bowman, Common Ground Consulting
- **Identity, Power and Equity**
Chianti Blackmon, The Grace and Growth
Rosie Bolen, Mt. Saint Mary's University
- **Micro-Agressions: I didn't mean it like that**
Rosie Bolen, Mt. Saint Mary's University

SUPPORTS

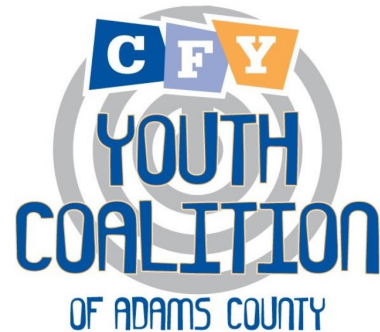
- **Coalition Check-up**
Prevention Research Center, Penn State University
- **EPIS Center**
- **Strategic Planning**
Strategic Solutions for Schools and Communities
- **Strategic Prevention Framework**
SAMHSA

Adams County
Representation
Means...

engaging voices
from across sectors,
school districts,
neighborhoods, and
imaginary boundaries.

Youth Voice in Positive Youth Development: Real Representation

- Development of the Youth Coalition
- Hub and Spoke model
- Positive Messaging
- Social Norms
- Environmental Strategies
- Leadership training
- CADCA
- CPA



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Becoming Better Allies: LGBTQIA+ Support

- Lack of Data
- Internal View before External
- Community Education and Awareness Building
- Safe Spaces and Coalition Development / Data



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An Exercise Together...

Let's Give It a Try!

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Town Hall Questions

Who is not represented at your coalition table?

What would the difference be if these voices were heard?

When are your meetings?

How can you involve youth in leadership and direction?

What lessons from 2020 – 2023 (COVID Pandemic) would you archive or build from?

Processing Out Together...

and Taking it Home

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Wait...

don't forget the secret ingredients!

OPPORTUNITY

SKILLS

RECOGNITION

Discussion:

- Why local matters in the Commonwealth
- How can we engage in larger CPA family discussion?